How we make a difference



TB community sensitization by a community volunteer.

Success Story

In 2018, Fred was diagnosed with TB of the spine (Extrapulmonary TB). He was 20 years old and lived with his parents and four siblings.

'I tried many places to get treatment for my continuous back pain which became deformed and very uncomfortable. Many people told my family I was bewitched' says Fred.

KHC community volunteers were conducting sensitization and TB screening in Fred's village and found that his mother who has HIV had also received treatment for TB but defaulted on her treatment. Fred was presenting with symptoms of TB.

Fred and his mother were evaluated by the KHC clinical team and they were started on treatment.

"I took all my treatment and after 12 months I felt good and was able to walk well. My mother had treatment for 6 months and we are very happy with the support KHC has given us.' says Fred.

Despite TB being a preventable and curable disease in developing countries, it is still a significant health issue that cannot be ignored.

We need to continue the important work done with ongoing community testing particularly in the most at-risk groups and address the stigma and ignorance about TB.

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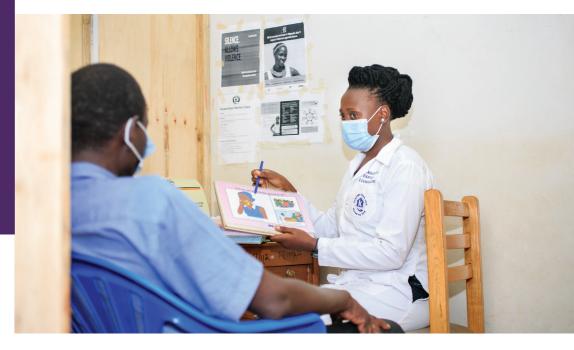






Kawempe Home Care Tuberculosis (TB) Program





Our success is due to being proactive in testing the most vulnerable people in our communities and integrating our TB/HIV services.

TB infection is extremely common – about one-quarter of the world's population is estimated to be infected. Preventive treatment for tuberculosis can stop TB infection from turning into disease.

Every year, 10 million people fall ill with TB and despite being a preventable and curable disease, 1.5 million people die from TB each year – making it one of the world's infectious killers.

TB is the leading cause of death of people with HIV and a major contributor to antimicrobial resistance.

Kawempe Home Care (KHC) is a community based non-governmental organisation that believes that the most disadvantaged people in our communities deserve access to medical treatment and care.

How We Help

Our TB services are highly integrated in HIV care. This service is provided by a multidisciplinary team of health professionals and community volunteers who are trained in provision of Community Based Directly Observed Therapy (CB-DOT).

The community volunteers play an important role of monitoring adherence to medication and tracking TB patients who miss clinic appointments.



A community volunteer assesses the TB patient's adherence to medication.

Our TB Services

- Community mobilization and sensitization.
- Screening of the presumptive cases.
- Investigations, diagnosis, and treatment for TB patients.
- Collection of the sputum for the presumptive cases in the community and taken to the facility for analysis.
- Contact tracing for the index clients.
- Follow up of the patient's missing appointments and the 'lost' patients.
- Ensure proper linkage for patient's diagnosed from outside the catchment area.
- Adherence support to all those on TB treatment.
- Provision of preventive therapy (IPT).



TB community sensitization by community volunteers

Our Key TB Strategies

- Contact tracing which has increased case detection.
- Payment of the community volunteers after service delivery.
- Collaboration with other Government facilities and private health facilities.
- Penetrating the community rather than relying on clients to come to the KHC facilities, with sensitization and screening conducted in the community.
- Dialogue meetings with men to refer others who may have TB.
- Mapping out the hot spots for sensitization and screening.
- Working with local leaders in the community to follow up patients and help with difficult patients.



Health workers review a chest x ray of TB patient

Some of Our Achievements

March 2019 - February 2020 Patients Cohort.

Total TB patients who attained final outcome	140
Completed treatment	51
Cured	65
Cure Rate	87%
Treatment Success Rate	84%

- 46% of total TB cases were diagnosed through contact tracing.
- Good adherence on TB treatment has been observed.
- Community volunteers implement Community Based DOT

What Support is Needed?

- Protective equipment's like N95, gloves, gumboots for the rainy season, bags and uniforms
- A motorcycle to help collect sputum from the clients who cannot easily access the facilities.
- Gene Xpert machine for timely diagnosis of TB